

## Catechism of the Catholic Church: The Sunday obligation

**2180** The precept of the Church specifies the law of the Lord more precisely: 'On Sundays and other holy days of obligation the faithful are bound to participate in the Mass.' 'The precept of participating in the Mass is satisfied by assistance at a Mass which is celebrated anywhere in a Catholic rite either on the holy day or on the evening of the preceding day.'

**2181** The Sunday Eucharist is the foundation and confirmation of all Christian practice. For this reason the faithful are obliged to participate in the Eucharist on days of obligation, unless excused for a serious reason (for example, illness, the care of infants) or dispensed by their own pastor. Those who deliberately fail in this obligation commit a grave sin.

**2182** Participation in the communal celebration of the Sunday Eucharist is a testimony of belonging and of being faithful to Christ and to his Church. The faithful give witness by this to their communion in faith and charity. Together they testify to God's holiness and their hope of salvation. They strengthen one another under the guidance of the Holy Spirit.

**2184** Just as God 'rested on the seventh day from all his work which he had done,' human life has a rhythm of work and rest. The institution of the Lord's Day helps everyone enjoy adequate rest

and leisure to cultivate their familial, cultural, social, and religious lives.

**2185** On Sundays and other holy days of obligation, the faithful are to refrain from engaging in work or activities that hinder the worship owed to God, the joy proper to the Lord's Day, the performance of the works of mercy, and the appropriate relaxation of mind and body. Family needs or important social service can legitimately excuse from the obligation of Sunday rest. The faithful should see to it that ...excuses do not lead to habits prejudicial to religion, family life, and health.

**2186** Those Christians who have leisure should be mindful of their brethren who have the same needs and the same rights, yet cannot rest from work because of poverty and misery. Sunday is traditionally consecrated by Christian piety to good works and humble service of the sick, the infirm, and the elderly. Christians will also sanctify Sunday by devoting time and care to their families and relatives.... Sunday is a time for reflection, silence, cultivation of the mind, and meditation which furthers the growth of the Christian interior life.

**2187** Sanctifying Sundays and holy days requires a common effort. Every Christian should avoid making unnecessary demands on others that would hinder them from observing the Lord's Day. Traditional activities (sport, restaurants, &c.), and social necessities (public services, &c.), require some people to work on Sundays, but everyone should still take care to set aside sufficient time for leisure.



St Edmund Campion Deanery, Old Berkshire-  
Thames ISIS Pastoral Area  
[www.thamesisis.org.uk](http://www.thamesisis.org.uk)  
**EAST HENDRED CATHOLIC PARISH**

St Mary's Church, East Hendred  
St Patrick's Church, East Ilsley

[hendred@portsmouthdiocese.org.uk](mailto:hendred@portsmouthdiocese.org.uk)  
Parish Priest: The Revd Mgr Andrew Burnham  
01235 835038 or 07976 437979  
[aburnham@portsmouthdiocese.org.uk](mailto:aburnham@portsmouthdiocese.org.uk)

<b>Sunday</b> 10 <sup>th</sup> <b>September</b>	<b>SUNDAY 23A PER ANNUM</b> <b>Sung Mass: 9.30am St Mary's</b> <b>Mass: 11.15am St Patrick's</b>	<b>Year A: Psalter Week 3</b> [GREEN]
<b>Monday</b> 11 <sup>th</sup> <b>September</b>	<i>Of Week 23</i> School Mass: 9.15am St Mary's	[green]
<b>Tuesday</b> 12 <sup>th</sup> <b>September</b>	<i>The Most Holy Name of Mary</i> Mass: 9.15am St Mary's	[white]
<b>Wednesday</b> 13 <sup>th</sup> <b>September</b>	St John Chrysostom Adoration: 11.45am Mass: 12.15pm St Mary's	[white]
<b>Thursday</b> 14 <sup>th</sup> <b>September</b>	<b>The Exaltation of the Holy Cross</b> Mass: 9.15am St Mary's	[white]
<b>Friday</b> 15 <sup>th</sup> <b>September</b>	Our Lady of Sorrows Mass: 8.30am Hendred House <i>Adoration: 3pm Hendred House</i>	[white] Holy Souls
<b>Saturday</b> 16 <sup>th</sup> <b>September</b>	<i>SS Cornelius, Pope, &amp; Cyprian, Bishop, Martyrs</i> Nuptial Mass: 1pm St Mary's <i>James Wallbridge &amp; Siobhan Sheehan</i>	
<b>Sunday</b> 17 <sup>th</sup> <b>September</b>	<b>SUNDAY 24A PER ANNUM</b> <b>Sung Mass: 9.30am St Mary's</b> <b>Mass: 11.15am St Patrick's</b>	<b>Year A: Psalter Week 4</b> [GREEN]
	<b>Confessions: Sundays at 8.45am or by appointment</b> <a href="http://www.portsmouthdiocese.org.uk">www.portsmouthdiocese.org.uk</a>	

## THIS WEEK

### YOUTH GROUP

The Youth group will meet next on **Friday (15<sup>th</sup> September)**. After meeting at the Parish Rooms at 7:15pm we shall travel to the East Hendred vineyards, where we will have a tour, some snacks, and fun and games. We will return to the Parish Rooms for 9pm pick up. Many thanks to Eileen, David, Michael and Naomi Bell for hosting us. For more information please contact Veronica at [veronicapaget@hotmail.com](mailto:veronicapaget@hotmail.com)

### ST PATRICK'S BBQ

It will be on **Sunday (17<sup>th</sup> September)**. Please remember to sign up and indicate if you are bringing a salad or a dessert.

### WALK FROM ST MARY'S TO ST PATRICK'S

A group will be walking after Mass at St Mary's along the Ridgeway to St Patrick's in time for their barbeque, which is about 7 miles. If you are interested, please contact Chris Holmes, Rob Cooke or Geoff Bailey for more details.

**ALPHA** is for anyone who is curious about the big questions of life! The talks are designed to encourage conversation and explore the basics of the Christian Faith in a friendly, open and informal manner. Please come to our first evening on **Sunday 17<sup>th</sup> September** 5.30-8pm in St Amand's School, light supper included. No charge but donations are welcome! Phil or Anne-Marie on 07811602964 [annmarie.kershaw@googlemail.com](mailto:annmarie.kershaw@googlemail.com) or [philipkershaw@yahoo.com](mailto:philipkershaw@yahoo.com)

## LOOKING AHEAD

### MUMS ON THE RUN

The next meeting is on **Monday 18<sup>th</sup> September at 8.00pm** in the Holy Family Room. If you are a mum raising children, who would like a bit of time to chat and reflect with other mothers, please come along to these meetings. Contact Gillian Groeger for more information [gilliangroeger@hotmail.com](mailto:gilliangroeger@hotmail.com)

### PPC MEETING

On **Thursday 21<sup>st</sup> September** at 8pm in the Holy Family Room at St Mary's.

### AFTERNOON TEA

St Mary's Church are inviting the village to afternoon tea in Snells Hall on **Sunday 24<sup>th</sup> September**, in honour of Our Lady of Walsingham, from 2-4pm.

**SECOND COLLECTIONS** Home Mission: 17/9; The Cathedral: 24/9; ACN: 15/10



Find us on

**NEWSLETTER** | Please **do not** send any new items until the **24<sup>th</sup> September**.

## WE REMEMBER IN OUR PRAYERS

### BAPTISM AND WEDDING ANNIVERSARIES

Those whose anniversaries fall at this time.



### THE SICK AND THOSE IN NEED

*Kathleen Doyle, Sr Catherine, Mary Wallace, Brenda Paddon, Alfie Bartlam, Jadvyga Adaskeo, Angus Clark and Helen Walker.* Names remain for four weeks. Please request further inclusion.

### THE FAITHFUL DEPARTED

Those who have died recently and those with anniversaries at this time: *Georgina Atkinson, Agnes Ford, Eddie Kelly, Vincenzo Fosella, Michael Higgins, Wilfrid Mulford, James Davies, George Castle, John Savile, Eileen Harper and Bob Ryan.*

### HOLY FATHER'S SEPTEMBER INTENTION - PARISHES

That our parishes, animated by a missionary spirit, may be places where faith is communicated and charity is seen.

### CATHOLIC COUPLES' CAROUSEL

On Wednesday 27<sup>th</sup> September 8pm at Cozens Farm.

### HARVEST THANKSGIVING AT ST MARY'S

On Sunday 24<sup>th</sup> September

### APF RED BOXES

It is time again to bring in your boxes to your promoter, for them to empty out all your unspent money from your holidays. It is a very worthy cause that is going to. In addition could you please be prompt as the £1 coins are going out of circulation in October. Thank you all for your generosity. Margaret Maytham 850126

### VOLUNTEERS NEEDED

We need a few more volunteers for midweek tasks in church. Please see if you could help. The bins can be very heavy! Other jobs include emptying bins, keeping the votive candle stands fully stocked, sorting leaflets, watering flowers, attending to the candles. Small jobs but our volunteer base is too narrow at present. Please have a word with Fr Andrew.

### VULNERABLE ADULTS TRAINING IN OXFORD

**Saturday 11 November** 10.00am - 12.30pm at The Rosary Room, Yarnells Hill, Botley, Oxford OX2 9BD. Please email Soraya at [soraya@portsmouthdiocese.org.uk](mailto:soraya@portsmouthdiocese.org.uk)

### COFFEE AFTER MASS

Please join us for a cup of coffee at St Mary's Parish Rooms after Mass.